

Kelly Krager

From: Aidan, Positive Petzine [editor@positivepetzine.com]
Sent: Sunday, November 04, 2007 7:03 PM
To: Kelly Krager
Subject: [positivepetzine] Calming YoYo, a separation anxiety exercise

Hi Kelly, I've written a brand new article that you will be interested in if your dog suffers any sort of anxiety when you leave, or if you're a dog trainer and have clients with this problem.

The exercise is called "The Calming YoYo" and it is a clicker training exercise for dogs with very mild to severe separation anxiety symptoms and get this -

... it doesn't use any treats!

So often in dog training we get lazy and just use whatever we used last time without ever really looking at the behavior and figuring out what is maintaining it.

"Dogs do what works for them"

If your dog is doing something voluntarily, then it is working for him somehow. That means there is a reinforcer and you may be able to use it to change whatever he is doing - including changing anxious behaviors to calm behaviors.

This is worth checking out even if your not a dog trainer or your dog doesn't display any symptoms of separation anxiety, here is the link - <http://tinyurl.com/3aa7ml>

Let me know what you think, or if you have any questions by blogging on my website, <http://positivepetzine.com>

Until next time...

Regards,
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