

Kelly Krager

From: Aidan, Positive Petzine [editor@positivepetzine.com]
Sent: Monday, October 01, 2007 10:22 PM
To: Kelly Krager
Subject: [positivepetzine] Horse calms down playing soccer, housetraining trick

Hi Kelly and Sophie, here's a handy trick to help maintain house-training. It's an oldie but a goodie from the Positive Petzine archive, and was originally written for the Yahoo Doghousebreaking Group. There is also a short video clip that compliments this article -

[How To Teach Your Pup to Ring a Bell to Go Potty](#)

Calming an Excitable Dog

As my friends will vouch, I live with one very excitable dog, Sabella. Sabella is a German Shepherd from working lines (DDR). I'm not sure if this sort of dog makes a good pet, but I love her anyway and she does try her best to fit in.

Sabella was the inspiration behind my [Calm-O-Meter](#) technique, which I use every single day. I'll be writing more about the Calm-O-Meter soon, so stay tuned.

Recently I read about Kariba, an Irish Draft cross Thoroughbred horse who was given up as unridable. His new owner, horse trainer Emma Massingale, came up with some great therapy for Kariba - she taught him to play soccer! You can [read more about Kariba the soccer mad horse here](#).

I think this is a great use of [mental workouts](#) to put an animal's mental and physical energy to work. I'm not surprised that it resulted in a big turn-around in Kariba's behavior. Horse or Dog (or human), [mental workouts and physical exercise](#) are essential to their health and sanity.

Until next time...

Regards,
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Editor

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